21 June 2021

RESERVE COMPONENT HEALTH RISK ASSESSMENT (RCHRA) COMPLETION - DEFERRED GME & FAP MEMBERS APPLYING TO JSGMESB

IMPORTANT: THE RCHRA IS NOT REQUIRED IF YOU ARE ALREADY ON ACTIVE DUTY IN A MILITARY TREATMENT FACILITY AS AN INTERN OR GMO

All members completing deferred GME or FAP residencies and applying to the JSGMESB are required to complete a Health Status Recertification prior to being able to enter extended active duty training. To facilitate this health status recertification the Air Force uses the Reserve Component Health Risk Assessment (RCHRA) form.

This is a self-reporting form and does NOT require a physician's signature on page 4.
The AFPC Medical Retention Standards team will contact you via email if additional medical documentation/information/records are required.

RCHRA forms must be submitted through your myPers account (instructions below) no later than 30 September to ensure the review/completion of all medical clearances prior to the Joint Service Graduate Medical Education Selection Board (JSGMESB)**.** Upload through the myPers account will ensure safe transmission of your PHI/PII. **DO NOT UPLOAD THIS FORM INTO MODS AS IT WILL BE DELETED.**

ALL QUESTIONS regarding the submission of your RCHRA/medical records must be directed to the Medical Standards team (afpc.dp2np.medstandards@us.af.mil). All other GME questions are to be directed to the Physician Education team (afpc.dp2np.physicianeducation@us.af.mil).

Document Requirements:

-Use fillable Adobe RCHRA form, if possible
-If not using fillable Adobe RCHRA form, type or use good quality BLACK ink pen and write legibly
-Ensure a good email address is provided on page 1. This is required in order for the Medical Standards team to contact you if additional information is needed.
-You must provide an actual signature on page 4.
-A physician's signature/physical is **NOT** required.
-Ensure pages are scanned at a resolution that provides a clear copy, at least 400 dpi.
-Ensure the documents are facing the correct direction when scanning to prevent blank pages.
-Scan all pages as a single document. Scanning each page individually increases the download time. If you must break up the documents please label the documents as indicated below with numbering to ensure everything is received; example, RCHRA_ADAMS_K_1of 3, RCHRA_ADAMS_K_2 of 3, etc.
-Review the pages you are submitting to ensure you have completed all fields of the form, including your signature and date on page 4 and that the document is 100% clear and legible. If the copies appear fuzzy, distorted, dark, or faint please redo/rescan them.
-Poor quality forms that are not 100% accurate/legible will be rejected and may delay processing.
-Ensure you comply, in a timely manner, with any/all requests for additional information and documentation.

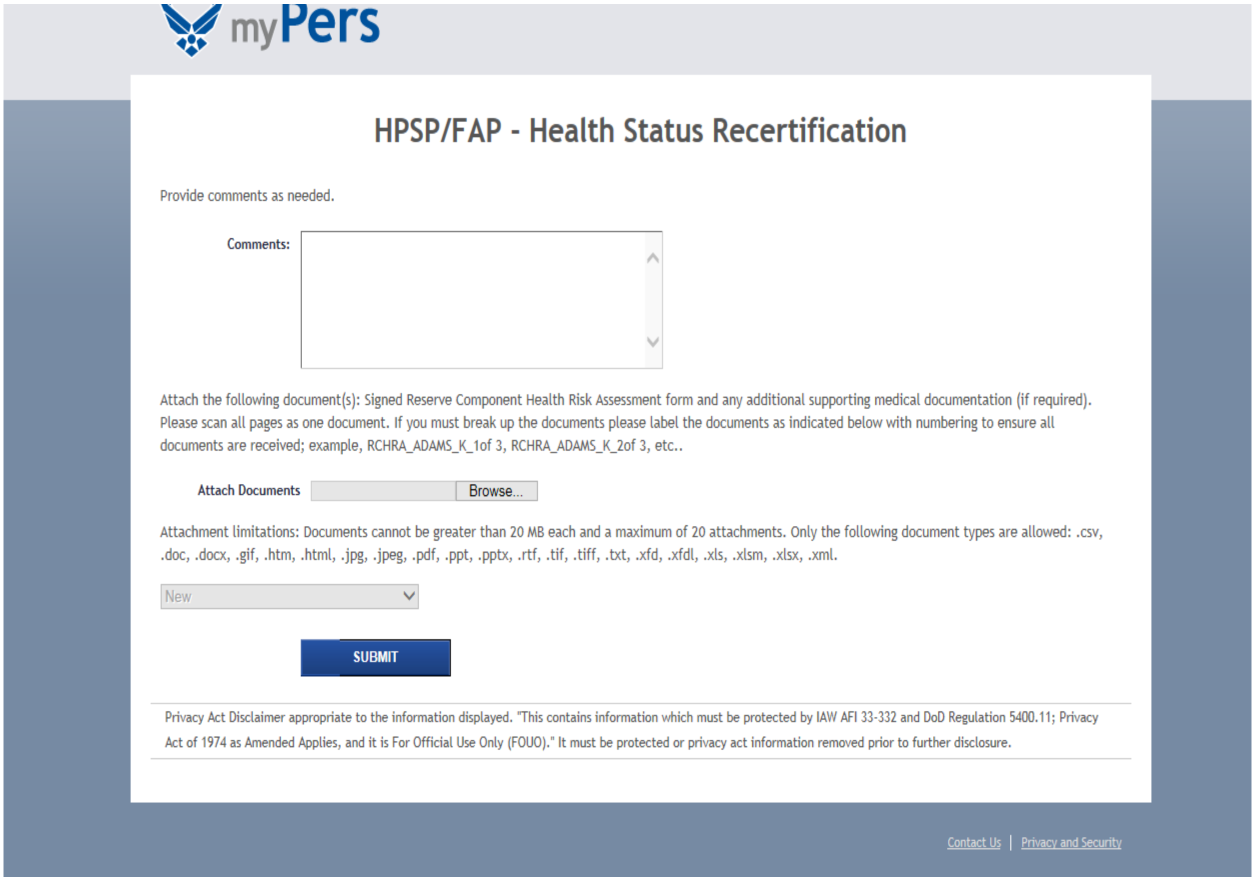
myPers Account Instructions:

If you have not already done so, you will be required to establish your myPers account at the myPers home page by clicking on Create Account link for "No DOD-Issued CAC and no User ID/Password Available?"

You will be required to enter your Last Name, Date of Birth and your Social Security Number to validate your account. This is a secure system and your Social Security Number is protected. If you require technical assistance, contact the A1 Service Desk at 1-800-525-0102, option 5.

Once you have established your account, go to the myPers health assessment upload page (see figure 1) and attach your RCHRA documents.

The deadline for submitting your completed RCHRA and supporting medical records through your myPers account is 30 September.



HPSP/FAP - Health Status Recertification

Provide comments as needed.

Attach the following document(s): Signed Reserve Component Health Risk Assessment form and any additional supporting medical documentation (if required). Please scan all pages as one document. If you must break up the documents please label the documents as indicated below with numbering to ensure all documents are received; example, RCHRA_ADAMS_K_1of 3, RCHRA_ADAMS_K_2of 3, etc..

Attachment limitations: Documents cannot be greater than 20 MB each and a maximum of 20 attachments. Only the following document types are allowed: .csv, .doc, .docx, .gif, .htm, .html, .jpg, .jpeg, .pdf, .ppt, .pptx, .rtf, .tif, .tiff, .txt, .xfd, .xfdl, .xls, .xlsm, .xlsx, .xml.

Privacy Act Disclaimer appropriate to the information displayed. "This contains information which must be protected by IAW AFI 33-332 and DoD Regulation 5400.11; Privacy Act of 1974 as Amended Applies, and it is For Official Use Only (FOUO)." It must be protected or privacy act information removed prior to further disclosure.

Figure 1: myPers health assessment upload page