

*****FITNESS STATEMENT TEMPLATE*****

1. Must be completed by appointed Unit Fitness Monitor or Commander
2. If your current fitness score is below 75 or you failed any component of the test, you may not apply to the JGMESB.
3. Fitness statements for USUHS students will be uploaded into MODS by the USUHS MSO.

<<LETTERHEAD>>

Date _____

MEMORANDUM FOR 2025 JGMESB

FROM: UNIT FITNESS MONITOR or COMMANDER

SUBJECT: Fitness Statement for (*Applicant Rank Name*)

1. _____ is applying to the 2025 JGMESB for consideration for Graduate Medical Education.
2. The member completed their fitness test on _____ and has a composite score of _____. The member is / is not current in the Air Force fitness program.
3. If the member's fitness status changes prior to entering GME, I will alert AFPC Physician Education at afpc.dpmnp.physicianeducation@us.af.mil and make recommendations accordingly.
4. Additional comments, if necessary:

SIGNATURE BLOCK
Squadron Fitness Representative or
Squadron or Group Commander