

The AFMS Pulse: The Next Frontier

The Space Force Medical Operations Directorate prioritizes strategy and policy

Mission updates

[2026 AFMS Mission Video](#): Lt. Gen. DeGoes debuted the video during 2026 AMSUS.

AFMEDCOM updates

[TLDR Video](#) – AF/SGL launched the inaugural video in a series called “TLDR.”

- The first episode features w/Lt. Gen. DeGoes explaining AFMEDCOM’s organizational structure.
- Future episodes will feature leaders describing key organizational characteristics, its role in prioritizing readiness for Airmen and Guardians, and efforts to enhance the operational medical capability.

AFMEDCOM frequently asked questions + unit emblems

- FAQs include info on the command’s structure and transition plan, force development, and more.
- FAQs are on the [AFMEDCOM microsite](#) and [SGL SharePoint site](#).
- Digital copies of approved united emblems are on the [AFMEDCOM emblems page](#).

Space Force Medical Operations Directorate Stakeholder Summit

The Air Force Surgeon General’s Space Force Medical Operations Directorate hosted its inaugural Space Force Medicine Stakeholder Summit Feb. 23-26 to align strategy and policy for Guardian medical support. [Link to article](#).

- Leaders discussed the space warfighter’s unique operational demands and the partnerships required to close readiness gaps.
- Key themes included medical standards, cognitive performance, occupational health, the Space Force’s [Holistic Health Approach](#) and interagency collaboration.
- Leaders focused on evolving their areas of expertise: integrating policy, research and partnerships to sustain combat-ready and resilient Guardians.

DAF Family Preparedness Guide

The first [DAF Family Preparedness Guide](#) was published Feb. 18, 2026.

- Air Force Surgeon General’s Maternal Wellness Working Group developed the guide, which is a first of its kind in the DAF.
- The guide contains policies related to family readiness and resiliency and is a central connecting point for supervisors, commanders, Airmen and Guardians, covering all aspects of family planning.

USAF Modernizes Physical Fitness Program

The Air Force updated its Physical Fitness Readiness Program via a [Directive Type Memorandum](#).

- The DTM introduces new standards and scoring models to better align with the demands of modern warfare and promote the long-term health of Airmen.
- The modernized program is anchored in scientifically grounded health measures and a more rigorous assessment model. The revised model enhances warfighter readiness by encouraging Airmen to build durable fitness habits that support sustained performance throughout their careers.
- [Link to article](#) with additional details.

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