

**\*\*\*\*\*FITNESS STATEMENT TEMPLATE\*\*\*\*\***

- 1. Must be completed by appointed Unit Fitness Monitor or Commander**
- 2. If your current fitness score is below 75 or you failed any component of the test, you may not apply.**
- 3. Fitness statements for USUHS students will be uploaded into MODS by the USUHS MSO.**

<<LETTERHEAD>>

Date\_\_\_\_\_

MEMORANDUM FOR 2023 JGMESB

FROM: UNIT FITNESS MONITOR OR COMMANDER

SUBJECT: Fitness Statement for (Applicant Rank Name)

1. \_\_\_\_\_ is applying to the 2023 JGMESB for consideration for Graduate Medical Education.
2. The member completed their fitness test on \_\_\_\_\_ and has a composite score of \_\_\_\_\_. The member is / is not current in the Air Force fitness program.
3. If the member's fitness status changes prior to entering GME, I will alert AFPC Physician Education at [afpc.dpmnp.physicianeducation@us.af.mil](mailto:afpc.dpmnp.physicianeducation@us.af.mil) and make recommendations accordingly.
4. Additional comments, if necessary:

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**SIGNATURE BLOCK**

Squadron Fitness Representative or  
Squadron or Group Commander